



Oregon High School Lacrosse Association (Revised February 16, 2016)

The OHLA operates under the guidelines/rules of the OSAA and the NFHS current rule book, unless otherwise noted below. OSAA guidelines can be found at their web site OSAA.org.

1. **Coach/Player/Parent Certifications, including concussion awareness training, are mandated by OHLA/OSAA and Oregon state law.** Details of these certifications can be found on OHLA web site under the Info/OHLA/Forms & Documents menu (<http://www.ohsla.net/forms.asp>). Failure to complete all required certifications will prevent teams from scheduling any games. A signed letter of certification completion for each team, must be on file with OHLA prior to first official practice date or as noted on OHLA calendar. Form can be found on OHLA web site (<http://www.ohsla.net/forms.asp>). It is the responsibility of the head coach/team to maintain the completed certification documents on file in an electronic format that allows easy retrieval. These documents must be kept on file at the team location for a period of two calendar years.

2. **Insurance:** Each team is required to secure general liability coverage in the minimum amount of \$2,000,000 prior to the start of the first practice date or as noted on OHLA calendar. See OHLA web site (<http://www.ohsla.net/forms.asp#Insurance>) for sources of affordable insurance carriers.

3. **Failure to complete certifications and obtain insurance will result in scheduled games being cancelled.**

4. **Academic Eligibility for players:** must meet the minimum standards as set by the high school and/or its athletic department.

5. **Where students can play:** A student must reside within the current established school attendance boundaries. Exceptions: authorized “open district transfers” which are approved by the Athletic Directors and administrators of the schools involved – hardship transfers also need to be approved by district administrators & AD’s. The student/parent/head coach must ensure that all transfers of any type, be documented and approved by school district/school administration/AD. Please contact your school Athletic Director for further clarification.

6. **Games & Opponents:** OHLA teams must conform to first practice & play dates noted on the OHLA calendar. Each team may play a maximum of 20 games during the season, of which 2 games must be against out-of-state teams. Play against non OHLA/out of state teams must first be approved by OHLA commissioner. (See the Forms and Documents page on OHLA web site <http://www.ohsla.net/forms.asp#OOSWaiver>). Games may be scheduled Monday – Saturday.

7. **JV games:** all JV/JV2/JV3 games will be played under running clock rules with quarters not exceeding 15 minutes. Penalty time will be NFHS penalty time for violation plus 50% (example: 1 minute penalty plus 50% -- 30 seconds or 1:30 seconds). Penalty time will start at the restart of

play following the violation. JV2 & JV3 games will not be scheduled on Tuesday or Fridays for any reason. **No overtime for any JV game.**

8. **Game Scheduling:** All games must be scheduled using the OHLA web based scheduling system and all game scores (varsity only) must be reported using the OHLA website Game Score Reporting (GSR) system. All schedule changes must be performed using the website Game Change Request (GCR) system up until one day prior to the originally scheduled game time (preferably earlier) after that email and/or phone must be used.
9. **Game Cancellations:** Teams must give a minimum of 5 hours' notice of cancelling a scheduled game. The OHLA Commissioner and appropriate Assistant Commissioner must be notified via phone & email of the cancellation to include the reason why. Failure to meet 5 hour notice time frame, will result in team being billed for cost of game officials.

Cancellations due to inclement weather: Prior to the game, the home team shall contact the Commissioner & Appropriate Assistant Commissioner and the visiting team head coach of the game being cancelled.

10. **Interrupted Games:** Once a game has started, all efforts to complete the game should be taken, but safety is the priority. The crew chief of the game officials will consult with both head coaches to determine if an interrupted game can be restarted that day. If the game cannot be continued the following options take effect:
 - a) The game can be replayed another day from the point of interruption only.
 - b) If either team is ahead by 12 or more goals at the time of interruption, then that game score will be accepted and entered in to the Game Scoring Reporting system, as a completed game.
 - c) Non-playoff games: if the interruption occurs during the first half of the game and the coaches agree that to reschedule is impractical, the result will be considered a non-game. Home team will be billed for the cost of the officials.
 - d) Non-playoff games: If the interruption occurs during the second half of the game with the game tied, and is agreed to by coaches not to reschedule the game, this would be considered a non-game. However, if one team is ahead at interruption, then the score will be accepted and the game completed.
 - e) NFHS Lighting Protocols: The crew chief of the game officials will have final decision on all aspects dealing with lightning protocols. Safety is priority!
11. **Reporting of Game Scores:** it is the responsibility of the home team head coach to ensure correct scores are entered into the GSR immediately following the game.
12. **Number of Coaches:** A maximum of 4 coaches, including the head coach, are allowed in the coaching box.
13. **Score Keepers:** 3 allowed at table from home team and 2 from visiting team. They are considered as part of the officiating crew and must remain neutral in all aspects during the game.
14. **Ejections:** Ejection of a coach or player from a game will result in a \$50 fine and suspension from participation in the next game. **If the program/team is called for a second ejection during the**

season, the fine will increase to \$200. A third ejection charged to the team will result in a \$400 fine and the head coach must contact the commissioner and inform him of the plan to prevent future ejections. A fourth ejection may result in the remaining games being cancelled.

15. **Appeals of Ejections:** Only the head coach of the team may appeal an ejection. The appeal must be filed (via email) with the OHSLA commissioner **within 24 hours of notification of the ejection taking place**. The appeal must include the specific NFHS rule number that you believe to be miss-applied and a specific description of how the rule was miss-applied. **Any video must be supplied with the original appeal email.** Appeals that do not meet the time lines or format described will be rejected.
16. **Co-Op agreements:** Applications for any cooperative agreement must be approved by the commissioner. If approved, it is only good for a two year period and no renewal option.
 - a) Must secure written approval from Athletic Directors of both schools.
 - b) Plan must be presented upon application to the OHSLA as to how a new program will be established at the schools participating in the agreement, at the end of the two year term.
17. **Uniforms:** Home team will wear white/light colored uniforms.
18. **Rule Violations:** Teams in gross or continual violation of league policies/SOP's or directives may be suspended from league play. Players or coaches participating in gross misconduct or actions deemed detrimental to the OHSLA may be suspended from participation by the OHSLA Commissioner/Board.
19. **Parent Complaints:** Any/all complaints by parents must be directed to the team head coach or team board of directors/athletic director.
20. **Rule of 2:** Head and Assistant Coaches of the team, cannot work with more than 2 team members on any day, prior to the start of the first practice date.
21. **Play Offs:** the OHSLA will host two playoff brackets – State Championship & Cascade Cup. State Championship participants will include the 1st & 2nd place team from each conference and the balance of that bracket will be determined by LaxPower rankings at the close of the regular season. The Cascade Cup participants will include the top 16 teams as ranked by LaxPower that are not included in the state championship bracket.
 - a) Conference Playoffs: may be used to determine 1st & 2nd place in conference standings.
 - b) Conference Playoff games must be completed prior to the end of the regular season.
 - c) Each conference must submit (prior to start of season) their protocols to determine conference placements and tie breaker process.
22. **Admission to Playoff games:** Admission must be charged for all playoff games starting with the first round of play and is the responsibility of the home team. The OHSLA commissioner will determine admission rates and advise all teams.
 - a) Gate revenue will be split 50/50 with OHSLA and host school after approved host expenses are subtracted from the total.

- b) Copy of the gate accounting and appropriate expense receipts must be submitted to the OHSLA treasurer within 7 days of the game.
 - c) Failure to charge admission/submit accounting forms/pay OHSLA share, will result in the host team being billed a \$250 fine **and** the average of gate share received by OHSLA from teams in a similar round of the playoffs.
 - d) Any requests for variance must be sent to the OHSLA commissioner and treasurer 48 hours prior to the start of the game.
23. **Semi Finals and Final Games:** Admission will be charged and the rate determined by the OHSLA commissioner. The total gate for these games will be shared between OHSLA and the host/volunteer school. OHSLA will receive 75% and host school 25%. Final 4 teams in each bracket will receive 5% share of OHSLA share.
24. **Awards:** The coaches of the association teams will be responsible for the selection of All American/All State/All-Conference honors. Nominated players must be in good standing within their team at time of nomination.
25. **Unmanned/Drone Aircraft Policy:** If a vehicle of this type is "within sight or sound" at any game; game officials are instructed to halt the game. The game can only be restarted once this vehicle is no longer within sight or sound of the field.
26. **Five Quarter Rule:** Lacrosse will follow OSAA guidelines created for sanctioned sports and will apply in the following situations – Two (2) contests in one day (Example: JV-Varsity double header – Two (2) contests within 48 hours against the same school. The penalty for violation will be a fine of \$100 and forfeiture of the game in which the 5th quarter violation occurred.