

National Intercollegiate Lacrosse Officials Association  
2020 NCAA Rules Test

Instructions:

This is a multiple-choice exam. Select the best answer for each question. Every effort has been made for there to be only one correct answer to each question. The questions this year are more random and do not follow the rulebook in order. Be sure to read all of the questions and answers carefully.

The 2019-20 (UPDATED Nov 2019) NCAA rules book, NCAA Rules Video and clinic PowerPoint presentation should be used as your references for this test.

---

1. The proper mechanic for when the shot clock reaches 60 seconds on a clear is
  - a. Raise your arm over your head then lower arm till parallel with field
  - b. Point forward with arm at shoulder height parallel with ground and verbalize “under”
  - c. Point when team clears midline
  - d. Point forward with arm at shoulder height parallel
  
2. Proper shot clock mechanics are
  - a. One reset all reset. (Verbalizing helps)
  - b. Play on signal then reset shot clock signal
  - c. Faceoff possession call and then reset
  - d. All of the above
  
3. Goal mouth is defined as
  - a. A half circle that is from goal post to goal post
  - b. Is only where the goalkeeper plays his position
  - c. A half circle with a 6 foot radius extending to each goal line extended.
  - d. A four inch line that forms a half circle with a 6 foot radius extending to each goal line extended
  
4. A goal is scored if a player dives or jumps and ball enters goal prior to contact with goalkeeper if
  - a. Player lands in goal mouth
  - b. Player lands in crease
  - c. Player initiates contact with goalkeeper while goalkeeper is in goal mouth
  - d. Player is legally checked and ends up in goal mouth
  
5. A goal will be disallowed if a player dives or jumps and
  - a. The player is checked illegally and lands in the crease.
  - b. The player makes contact with goalpost after the ball enters the goal.
  - c. The player is checked illegally and lands in the goal mouth solely due to this contact and ball enters goal prior to contact with goalkeeper.
  - d. Goalkeeper initiates contact with shooter while in the goal crease and ball enters goal after contact is made
  
6. How shall officials monitor a team’s attempt to advance the ball into their offensive half of the field?
  - a. Start their beeper when clearing team gains possession
  - b. Use a visual 20 second count by use of their arm.
  - c. Signal at ground when team has satisfied clear.
  - d. Use the shot clock as the indicator of time.
  
7. The shot clock will?
  - a. Remain on until the quarter expires.
  - b. Not reset when a flag is thrown beginning a slow whistle situation.
  - c. Reset upon either team gaining possession after a valid shot hits the goalkeeper or pipe.
  - d. All of the above
  
8. The shot clock operator is to?
  - a. At the expiration of shot clock, the operator must sound the horn.

- b. Reset and hold the start of a new clock upon on valid shot that hits the goalkeeper or goal pipe and player possession has yet to occur.
  - c. Stop the shot clock when the official's whistle blows to stop play.
  - d. All of the above
9. In an extra man situation by Team A at the end of a quarter, a shot is taken. While the ball is in mid-flight and prior to the goalkeeper making the save, the horn sounds ending the quarter. How is the next period started?
- a. Since the goalie B1 had possession, it would be that team B ball to begin the next period.
  - b. The Team A retains possession since the ball was loose and not in Team B possession.
  - c. The play should be treated the same as a pass at the end of the quarter during a man up situation. No possession at the end of the quarter and a faceoff will result to begin the next quarter.
  - d. This situation does not apply during overtime.
10. On a face-off the proper placement of the sticks and ball are?
- a. Heads of sticks are to be straight up and down.
  - b. Heads must be perfectly matched from end of head to ball stop.
  - c. Center of ball must be 5 inches from end of head and 5 inches from ball stop
  - d. All of the above
11. On a faceoff the official conducting faceoff shall?
- a. Use a quick whistle – aka “a swisshistle”.
  - b. Place his hand on the head of both crosses prior to saying set.
  - c. Be on same side of field as the official assisting with faceoff.
  - d. Blow the whistle to begin faceoff with no variation in rhythm.
12. Which situation might not reset the shot clock”?
- a. End of period
  - b. A stoppage to administer a time serving foul
  - c. A possession change.
  - d. All of the above
13. On the face-off, it is illegal to:
- a. Gain an advantage by contacting the opponent's arm, body, or stick with their helmet
  - b. Pin down the Crosse of your opponent.
  - c. Place your elbow on your own Crosse.
  - d. All of the above.
14. Who is responsible to determine whether or not the condition of the field is adequate for competition prior to contest?
- a. The “Referee”
  - b. The visiting coach
  - c. The home institution
  - d. The entire officiating crew
15. During a faceoff a player is allowed to?
- a. Clamp the ball longer than necessary to control the ball.
  - b. Carry the ball from the faceoff X in the back of his stick and score a goal.
  - c. Have the ball in back of stick as long as it is directed or raked immediately within one step.
  - d. Withhold the ball from play.
16. Any shooting strings or laces must be located within \_\_\_ inches from the top of the Crosse in an arc.
- a. 2 inches.
  - b. 3 inches.
  - c. 4 inches.
  - d. 5 inches.
17. A1 delivers a check with the gloved hand or hands with a punching blow. This is:
- a. Unnecessary roughness.
  - b. Crosse-checking.

- c. Slashing.
  - d. Legal.
18. During a stick-check, officials discover a Crosse has no end cap. Which of the following is true?
- a. Officials shall instruct the player that the stick must have a proper end cap prior to be used.
  - b. The player is provided an opportunity to correct the stick without penalty.
  - c. If the player does not correct the stick and proceeds to use it after warning a 1-minute unsportsmanlike conduct penalty shall be assessed.
  - d. All of the above.
19. For any player taking a faceoff, which of the following is true?
- a. A single wrap of tape or paint must be on the top 6" of the shaft, up to the head.
  - b. The tape must be same color of the gloves, shaft and stick-head.
  - c. A sticky substance or product may be used to allow a better grip for the player.
  - d. All of the above.
20. For all players except the goalkeeper, which of the following is true?
- a. There may be NO tape on the plastic head of the stick.
  - b. There may be NO tape build-up ("donut") on the end of the shaft.
  - c. There may be NO tape on the shaft, unless the player takes faceoffs.
  - d. All of the above.
21. What is the approved procedure for officials to meet with head coaches prior to game?
- a. To proceed to team locker room and meet there.
  - b. After team introductions and prior to anthem.
  - c. On the field 20 minutes prior to game time
  - d. On the field 30 minutes prior to game time
22. The use of technology for coaching purposes is legal in which of the following situations?
- a. It is used on the sideline
  - b. It is used to demonstrate to an official that an error was made
  - c. It is used to communicate to a player on the field
  - d. None of the above
23. Some of the duties of the shot clock operator
- a. Start shot clock on visible signal from officials
  - b. Start and stop the shot clock with game clock.
  - c. If shot clock expires without satisfying the requirements blow horn to alert game official
  - d. All of the above
24. An out-of-bounds ball is awarded to Team A. Which of the following is true?
- a. Restart 1 yard laterally from where the ball went out of bounds, but at least 5 yards from the substitution area.
  - b. On restart, A1 may not get a running start while out of bounds. .
  - c. A1 may slow down upon entering the field (like a rolling stop when driving), then accelerate when the official blows his whistle for the restart.
  - d. All of the above.
25. A1 comes out for a faceoff with no tape or paint on his shaft. Which of the following is true?
- a. A1 serves 30 seconds if second violation. Award the ball to team B.
  - b. A1 serves 3 non-releasable minutes. Award the ball to team B.
  - c. Award the ball to team B. No penalty time. This counts as a faceoff violation.
  - d. Award the ball to team B. No penalty time. This does NOT count as a faceoff violation.
26. With 6 seconds remaining on the shot clock, the ball goes out of bounds and is awarded back to Team A. On the dead ball, Team B calls a timeout. What happens to the shot clock on the restart?
- a. The shot clock is reset to 80 seconds.

- b. The shot clock is set to 10 seconds upon the restart.
  - c. The shot clock is set to 6 seconds upon the restart.
  - d. The shot clock is reset to 60 seconds.
27. Regulation play ends in a tie. To begin the overtime period the procedure is?
- a. Get captains for a coin toss. Winner chooses goal for first overtime and alternate possession.
  - b. Get captains for a coin toss. Winner chooses goal for first overtime. Alternate possession stays as it was at the end of regulation play.
  - c. Teams switch goals. Alternate possession stays as it was at the end of regulation play.
  - d. Goals and alternate possession stay as they were at the end of regulation play.
28. Team A is man-down for a faceoff. Which of the following is true?
- a. Team A may bring an attack player up to the wing line for the faceoff.
  - b. Team A may bring a defense player up to the wing line for the faceoff.
  - c. Either A or B.
  - d. One wing area must be left unoccupied
29. Team A takes a valid shot. The ball hits the goalkeeper and A1 regains possession. Which of the following is true?
- a. The shot clock is reset to 80 seconds.
  - b. The shot clock resets to 30 seconds.
  - c. The shot clock continues until Team B gains possession or Team A scores.
  - d. Turnover. Award the ball to Team B.
30. Team A has satisfied the 20-second clearing count, then causes the ball to return into A's defensive half of the field. Under which of the following would an Over and Back violation be called?
- a. The ball was last touched by Team B before crossing midfield.
  - b. After the ball crossed midfield line last touched by Team A and the shot clock is at 60 seconds or less
  - c. The ball crossed midfield as the result of a shot that rebounded off the goal pipe.
  - d. None of the above
31. A1 is called for warding off. B1 picks up the ball and is given a quick whistle for restart. Which of the following would result in a time serving foul against A1?
- a. A1 steps aside and allows B1 a direct path to the goal.
  - b. A1 steps aside allowing B1 a straight path, then follows A1 and plays him without ever creating a 5-yard separation from B1.
  - c. A1 steps aside and B1 runs directly at A1 creating contact.
  - d. A1 allows B1 to gain a 5-yard separation, then follows B1 up the field, catching him after 30 yards.
32. A1 shoots the ball into the goal, but is called for being in the crease, and the goal is disallowed. How may the restart be handled?
- a. The goalie may pull the ball out of the net and be given a quick restart while he's still in the crease.
  - b. B2 defender picks up the ball near the goal. He may be given a quick restart even if he's in the box and A2 riding attackman is less than 5 yards from him.
  - c. Team B is awarded the ball at midfield- free clear.
  - d. Both (a) and (b).
33. The head coach shall be responsible for which of the following?
- a. Seeing that all team members are properly equipped
  - b. Acting in a courteous manner and working to achieve the same from team members.
  - c. Assisting the officials in keeping the game under control.
  - d. Be on field 30 minutes prior to game to meet with officials
  - e. All of the above.
34. A1 shoots. As he follows through, the head of his Crosse flies off. The ball goes into the goal. The correct ruling is?
- a. No goal. Alternate possession.
  - b. No Goal. Team B is awarded the ball.
  - c. Goal counts. Face off.

- d. Goal counts. Team B gets the ball at center.
35. A team not entitled to possession may not take a timeout in which of the following?
- At the end of a flag down situation
  - During dead ball situations when stoppage of play was for a non-time serving technical foul that occurred in the field of play.
  - A ball goes out of bounds
  - A goalie makes a save during a flag down situation.
36. A head coach is not allowed to call for a stick check in which of the following examples?
- After a goal has been scored and before the next face-off
  - During a team or TV timeout
  - During dead ball situations when stoppage of play was for a non-time serving technical foul that occurred in the field of play.
  - Between quarters
37. An official shall call a cross check violation against B1, in all the following, except:
- B1 checks A1 with that part of the handle of his crosse that is between his hands
  - B1 uses his crosse in thrusting motion it away from his body into A1
  - B1 with his gloved hand over the end of the crosse, is exerting equal pressure from the rear against A1, who has possession of the ball, thus preventing A1 from advancing toward the goal
  - B1 uses his crosse holding it extended from his body restricting movement from A1.
38. Other than a goalkeeper's crosse, what is the minimum permissible width at the widest point of the crosse head?
- 6".
  - 6½".
  - 6½" at the front, 6" at the back of the head.
  - None of the above.
39. After an inadvertent flag, which of the following is true about how the ball is to be restarted?
- If one or more shots are taken prior to play being blown dead award by alternate possession.
  - When a goal has been scored, proceed to a faceoff.
  - If no shot was taken, the ball will be awarded to the team last in possession.
  - All of the above
40. B1 is called for a slash to the head of A1. The penalty is?
- Automatically a non-releasable foul.
  - Always a releasable penalty.
  - May be non-releasable if the slash is uncontrolled or severe.
  - Is a 3 minute expulsion foul, in all cases.
41. Targeting the head or neck is?
- A one minute releasable penalty.
  - To initiate contact to an opponent's head or neck by means of any body part, a crosscheck or slash.
  - Can't result in ejection.
  - Is typical of a legal body check.

42. B1 is penalized 3 minutes for an illegal Crosse. Later in the game, B1 is penalized 2 minutes for an illegal body check. Which of the following is true?
- B1 has fouled out.
  - B1 will foul out after 3 more personal fouls.
  - B1 will foul out after 3 more fouls- personal or time-serving technical.
  - B1 is ejected and must sit out the next game.
43. During a stick check the official places the ball in crosse and as it is rotated 90 degrees the ball due to the stringing does not come out. The correct ruling is?
- one minute non releasable penalty
  - Three minute non releasable penalty
  - Send the stick off so it can be repaired
  - All of the above.
44. A player on the field objects to a call by arguing or gesturing (non-maligning), which of the following penalties shall result?
- A conduct foul may be called.
  - Only unsportsmanlike conduct may be called against an on-field player.
  - Illegal procedure may be called.
  - 1 minute releasable.
45. A1 faceoff player moves early during the 1<sup>st</sup> faceoff of the game. A2 wing player jumps the line during the 2<sup>nd</sup> faceoff (still 1<sup>st</sup> quarter). A3 faceoff player grabs B1's Crosse during a faceoff in the 2<sup>nd</sup> quarter. Which of the following is true?
- A3 serves 1 non-releasable minute and Team A's in-home serves 30 seconds. Team A is 2 men down.
  - A3 serves 1 non-releasable minute. Team A is 1 man down.
  - A3 serves 1 non-releasable minute plus 30 seconds (releasable).
  - Award the ball to team B. No penalty time is served.
46. To perform a legal screen, the screener must?
- Not lean into the path of an opponent.
  - Stay within his vertical plane with a stance in which the inside of screener's feet are no wider than shoulder-width.
  - Not extend his hips into the path of an opponent, even if his feet are stationary.
  - All of the above.
47. Team A gains possession and officials signal reset however the shot clock does not start. Which of the following is true
- After five seconds the official will stop the clock unless an imminent scoring opportunity exists.
  - Officials shall continually verbalize and signal in an attempt to get clock started.
  - After stopping play reset shot clock to 80 seconds for all situations.
  - All of the above
48. The shot clock will reset and the team will have 20 seconds to advance (clear) the ball in which of the following?
- A valid shot that leaves the offensive half of field.
  - A loose ball that leaves the offensive half of the field last touched by the offensive team and the shot clock is between 70 and 61 seconds.
  - A loose ball that leaves the offensive half of the field caused by the defense and the defense is called for a loose ball violation (play on)
  - Both a and c

49. B1 slashes A1. Flag down and play continues under a “slow-whistle” situation. Which of the following is true?
- Shot clock is reset to 80 seconds when flag is thrown.
  - Shot clock continues and will reset on a valid shot that hits the goalkeeper or goal post.
  - Shot clock continues and does not reset on a subsequent defensive foul (flag down).
  - b and c only
50. Team A had possession and ball becomes loose. B1 is called for a loose ball play-on and Team A regains possession. Which of the following is true?
- The shot clock resets to 60 if in Team A’s offensive end.
  - The shot clock is reset to 80 seconds and play continues.
  - The shot clock continues with no change.
  - The shot clock is reset to 10 seconds if it is in its final 10 seconds.
51. What are the legal dimensions of Goalkeeper’s Stick?
- Maximum length of head is 16 inches, width 10- 12 inches, and 35 -72 inches long.
  - Maximum length of head is 16 ½ inches, width 10- 12 inches, and 35 -72 inches long.
  - Maximum length of head is 16 ½ inches, width 10- 12 inches, and 40 -72 inches long.
  - None of the above
52. With 6 seconds remaining on the shot clock, A1 takes a shot that misses the goal (no contact with pipe or goalie) and goes out of bounds. The ball is awarded back to Team A. What happens to the Shot Clock?
- The shot clock is reset to 80 seconds.
  - The shot clock is set to 10 seconds upon the restart.
  - The shot clock remains at 6 seconds upon the restart.
  - The shot clock is turned off
53. An inadvertent whistle is blown. What should the shot clock be set to when play begins again?
- The shot clock is set to 10 seconds upon the restart.
  - The shot clock remains the same as when whistle was blown to stop play.
  - The shot clock will be treated the same as a defensive injury reset.
  - The shot clock is reset to 80 seconds.
54. Flag down, slow whistle as B1 slashes A1 in A’s defensive half. A1 passes the ball back to his goalie, who is outside of the crease and misses the pass. The ball rolls into the goal. Which of the following is true?
- GOAL! Award the ball to Team A at midfield for the restart.
  - NO GOAL! Administer penalty and award the ball to Team A at midfield for the restart.
  - GOAL! Man-down faceoff at midfield for the restart.
  - NO GOAL! Man-down faceoff at midfield for the restart.
55. In which situation would a goal be counted?
- The ball does not completely cross the goal line.
  - The ball enters the goal after time has expired on the game clock or shot clock and the ball was released from shooter’s stick prior to the horn.
  - A shooter releases the ball prior to the game clock or shot clock expiring and hits an offensive player after the game or shot clock expires and enters the goal.
  - The game or shot clock expires prior to the shooter releasing the ball.
56. During an inadvertent flag situation the officials should?
- Stop play at earliest opportunity that does not interfere with an imminent scoring opportunity
  - Run over and pick up flag like nothing happened
  - Pick up flag wave off and allow play to continue
  - Stop play immediately and faceoff.

57. Team A has possession in their offensive half with more than 60 seconds on the shot clock. The ball goes over midfield after last being touched by team B and then recovered by team A in their defensive half. What would be the correct ruling?
- The shot clock continues to run and team A has another 20 seconds to advance (clear) the ball past the midline.
  - The shot clock is reset when Team A gains possession.
  - The shot clock continues. Team A must advance (clear) the ball beyond the midline prior to the shot clock reaching 60 seconds.
  - Team A can keep the ball in their defensive half until the expiration of the shot clock.
58. Which of the following will not result in an over and back?
- A shot that leaves the offensive half of field.
  - A loose ball that leaves the offensive half of the field last touched by the offensive team and the shot clock is between 80 and 61 seconds.
  - A loose ball that leaves the offensive half of the field caused by the defense and the defense is called for a loose ball violation (play on).
  - All of the above.
59. All members must be dressed in the same uniform, which means?
- If pants are worn all crew members wear them.
  - If NILOA coats are to be worn all crew members must wear them.
  - All stripes are worn with a number on back.
  - All of the above.
60. When a faceoff violation occurs which official will restart play?
- The official who stopped play for the violation.
  - The trail.
  - The Lead.
  - The single side